SBRC Parent Meeting Minutes

January 16, 2020

1. Committee updates:
   1. Webmaster –
      1. New website will be ready soon. We’ll send out an announcement when it’s live.
   2. Spirit Wear –
      1. Novices will be measured for uniforms at practice Tuesday, January 21
         1. Unis and cold gear shirts are required; boathouse jackets and sweatshirts are optional.
         2. Unis are $85; cold gear shirts are $52.50; boathouse jackets are $107; athlete-only sweatshirts are $52.
         3. Boathouse is opening an online store. There will be a $5 shipping fee; the order will be delivered to one place then sorted and handed out at the first practice immediately following the shipment arrival. Expected delivery is the 2nd week of March.
         4. Spirit wear store will be open after tryouts; a TeamSnap announcement will be sent out when it’s open.
      2. Because of turnaround time with orders, we have to order uniforms before try-outs. Money will be due in mid-February (a TeamSnap announcement will be sent out). If your athlete does not end up on the team, you will be reimbursed.
   3. VASRA –
      1. SBRC is in charge of the launch and recovery dock during spring season at Sandy Run regattas. We will get our specific assignments in February. We will notify parents about volunteer opportunities at that time.
      2. VASRA needs volunteers to set up the race course for the Polar Bear regatta March 21 (first regatta at Sandy Run – experienced rowers participate).
      3. Every school participating in a Sandy Run regatta must provide 3-5 volunteers.
      4. Tim will get a list of available slots at the February VASRA meeting.
   4. Registration –
      1. Forms are currently available on the website under the Join tab; registration needs to be completed before tryouts (beginning February 24).
      2. Payment of $750 is due March 1.
      3. There is an online form AND paper forms that need to be turned in (see website for the complete list). If you’ve already turned in the VHSL Health Form to the school for another sport and your athlete’s physical was completed after May 1 2019, there’s no need to turn in an additional copy.
   5. Fundraising –
      1. Looking for a volunteer to help during the season with sponsors, and getting a banner and t-shirts made with sponsors listed.
      2. Spirit night Tuesday, January 21 at MOD PIZZA. All day, so you can go for lunch and dinner. Any visitor just has to say they’re with SBRC when they check out. The team should plan to meet up at MOD right after practice.
      3. Fundraising commitment of $500 is due from athletes April 1. Check with the Treasurers (treasurer@stonebridgerowingclub.org) to determine what your final amount due is.
      4. Sponsors – Athletes can recruit sponsors on their own; the athlete receives 50% credit towards their fundraising goal for all sponsorships $250 or greater. See Sponsors tab on the website for more information.
      5. Ergathon – our biggest fundraiser – is scheduled for March 14 at 10-3 (setup at 9) in the Giant parking lot.
         1. Sign-up genius will be sent out for shifts and supplies.
2. Coach update:
   1. Coaches from the Marietta College rowing program visited athletes last weekend at Tru Strength. Another one – from Stockton University in NJ – is scheduled for January 25; time and location TBD. It’ll be a stand-alone discussion and will include other schools (Broad Run and Rock Ridge).
   2. Training at Washington College to kick off the season – see below.
3. Spring Try-outs:
   1. Tryouts will be February 24-26 after school. Roster will be announced by February 28.
4. Tank Training Washington College:
   1. Scheduled for March 7 (changed because of a conflict at Washington College).
   2. We will collect a small fee ($15) and permission slips next month.
   3. Hospitality will feed the athletes.
5. Treasurers – we welcome any questions, our annual budget is available upon request
6. Winter conditioning:
   1. At school on Tuesdays and Tru Strength Thursdays and Saturdays until February 22.
7. Spring season practice at Algonkian starts March 9; Tuesdays will be at the SBHS cafeteria.
8. Novice parent meeting:
   1. Date TBD, probably the first week in March, on or before the March parent meeting.
   2. You can email if you have any questions before the meeting.
      1. Lynn Hall – [fundraising@stonebridgerowingclub.org](mailto:fundraising@stonebridgerowingclub.org)
      2. Hope McMichael – [secretary@stonebridgerowingclub.org](mailto:secretary@stonebridgerowingclub.org)
9. Erg Sprints:
   1. February 1 at TC Williams High School in Alexandria – register through USRowing.
   2. Novices are not expected to participate in the competitions, but are encouraged to attend to support the team.
   3. Team bonding – Monday, January 20 is t-shirt decorating 12:30-3:00pm.
10. Site Management:
    1. Algonkian Park is managed by NOVA parks. There are 7 teams sharing the same space including two new schools – Riverside and Independence. Riverside will practice in the morning.
    2. Each team must move their boat racks by April 4; each team will have 2 racks – 1 for 4s and 1 for 8s.
    3. Site prep for dock installation and moving racks is currently scheduled for February 29. We will also pick up new dock pieces that TC Williams donated. Details to come.
    4. Dock installation is scheduled for March 7; parents who are not at Washington College can volunteer to install dock. Details to come.
    5. Goal is to have a dock that is 200ft long (so it can handle 3 8s simultaneously) and 2 pieces wide to allow for better traffic flow.
    6. NOVA Parks will put gravel down on the slope to the boat ramp.
    7. NOVA Parks is providing some equipment to help but we will need to move the racks ourselves.

Important Dates:

February 24, 25, 26 – Tryouts

February 29 –Site prep (dock prep, moving boat racks and sheds)

March 7 – Washington College tank training for athletes; dock install for parents

March 14 – Erg-a-Thon (Giant parking lot in Ashburn Farms)

Regatta dates:

March 21 – Polar Bear at Sandy Run (experienced only)

March 28 – Regional Park at Sandy Run

April 18 – Mathews, VA

April 25 – Al Urqia at Sandy Run

May 2 – first day of states

May 9 – second day of states

Weekend of May 16 – Stotesbury; possibly lower boats in Sandy Run

May 21-23 – Nationals in Cooper River, NJ; Sandy Run for boats that do not qualify for Nationals