

Important Dates



- **Jun 1st** - Board Meeting
7:00pm, Committees 7:45pm
@ SBHS Cafe
- **Jun 1st** - Last Parent meeting
of the season - voting on
Board/Committee Chairs for
2023-2024 and ratification
of by-laws
- **Jun 3rd** - End of Year Banquet!
Sign up to bring sides,
desserts, and drinks [HERE](#)
- **Jun 8th** - Last day of school
- **Jun 9th** - Graduation!
- **Jun** - Board Transition meeting



This Week's Checklist:



- **Last Parent Meeting of the season - voting on by-laws and Board nominations**
- **End of Year Banquet**
- **Last of the Senior Profiles**
- **Full season recap!**

A Message From The President

What an amazing end to our 2023 Spring Season! Congratulations to all the boats that competed at Stotesbury and Nationals! We couldn't be more excited for our Rowing Bulldogs!

Just a few reminders or our parents meeting this THURSDAY! We need parents present to vote on our bylaw revisions and our new board for the 2023-2024 season. **Based on feedback from multiple parents we are opening up board nominations for one more day.** We want all voices heard and all interested in participating to have a chance to be nominated. Please use this [jotform](#) for nominations. The form will close at 10PM on Tuesday, 5/30.

The ballot for the 2023-2024 Board will be presented at the meeting. Parents, please check your email to see if you were nominated for positions. Your name cannot appear on the ballot until you accept the nomination!

For both the bylaws and board positions, parents/guardians are allocated one vote per athlete on the team. Parents/guardians must be present to vote, no electronic or proxy ballots are accepted.

It's not too late to review the bylaws: [By-Law 2023 Final Draft](#); [SBRC Code of Conduct](#); and [SBRC Attendance Policy](#).

Thank you!



Spiritwear Locker

Buy your basic SBRC spiritwear anytime at the [Cheer Sports Spiritwear Locker!](#)



AFHOA Summer Kickoff SBRC Recruitment Tent



"My little cupcake..."

From the Coach

Start spreading the word & recruiting for 2024! [Summer Sessions & Summer LTR Information](#)

Leadership Academy: Coach Trevor will be hosting a Leadership Academy during the summer and fall for interested rising juniors and seniors. The goal is to develop the leadership skills of the team's members leading into Winter Conditioning and the 2024 Spring season. There will be a short book to read (1 chapter per week- 10 chapters total) and 60-minute in person or virtual group meetings following the completion of each chapter and its associated activities. If you are interested in participating, please fill out [THIS FORM](#).

Oar Painting: Potentially looking for summer volunteers to paint oars. More info coming soon!

Summer Erg Rentals: It's not too late to rent an erg for the summer! Here is the [rental contract](#).

End of Year (EOY) Banquet & Awards - Jun 3

The EOY Banquet is set for June 3rd at 6pm at Windmill Pavilion.

Families invited

Bring a chair

Dinner will be Carolina Bros barbecue (chicken and pork), and hot dogs (Hebrew National, and a plant-based option). We are asking for help rounding out the meal with sides, desserts, and drinks. Please sign up [HERE](#).



2023 Season Recap

The 2023 mission of the Stone Bridge Rowing Team was to, as a unified rowing team, foster a culture of excellence, teamwork, and personal growth both on and off the water. Athletes strived to represent their school with pride and sportsmanship, and to leave a positive impact on our community through their dedication, hard work, and character. Adhering to their mission, athletes came to practice every day with a mindset to improve daily, be dependable teammates, push their boundaries, and to enjoy their time on the water.



Seven boats were fielded throughout the season with **five of those seven placing 1st, 2nd, or 3rd** in the Virginia Scholastic Rowing Championships (VSRC). On day one, the **Women's Novice Eight** had their best row of the season finishing 4th in their heat with a time of 6:24.1. This represented an astonishing 17.5 second drop in time within a week! It was also their first race in their true Novice lineup. It was a solid showing for these first-year athletes who proudly represented Stone Bridge.



M-N-4+: B. Cleavinger; J. Youmans; C. Schlosser; W. Klein; Cox - K.Helge.



W-3-4+: Bow - K. Gill; 2- S. Suresh; Cox - J. Quan; 3 - S. Jonnalagadda; Str - E. Boehm. Coach Kittelson

The finals kicked off with the now **State Champion, Women's Third Four!** These girls, and Jake, edged out rival Battlefield by 4.2 seconds holding them off as they tried to make a move at the end. With the aid of Coach Kittelson throughout the season, the team will have a nice trophy to display at the school leading into the 2024 season.



The team's day concluded after the **Men's Novice Four** took **2nd place** in their final with a time of 6:05.0! For a group who had only raced the weekend before, they demonstrated maturity and discipline on the race course which helped lead them to their successful finish.

Four crews successfully represented the program on the second day of the VSRC. The **Women's First Four**, **Women's Second Four**, and **Men's Junior Eight** advanced to their afternoon finals. **The Men's Junior Four**



M-Jr-4+: Str - A. Montero; 3 - W. Lovejoy; 2- I. Lebedinskiy; Bow - C. Mitran. Cox - J. Quan.

came within 0.1 seconds of making their final of a very competitive race and category. This crew consistently performed at a high level throughout the season winning races and impressing coaches, families, and teammates along the way. The future is bright for these five hard working athletes.

The **Women's Second Four** finished **2nd** in the State! The **Men's Junior Eight** edged out Lake Braddock by 0.2 seconds to finish **3rd** in the State! This is the first Men's 8+ to place in the State Championship in the history of the program!

For the second consecutive year, the **Women's First Four** finished **2nd** in the State! This season, **the Women's program finished 2nd, 2nd, & 1st in the fours progression...another significant achievement for the program!**



M-Jr-8+: Cox - K. Jacobs. Str - C. Rizley; 7 - N. Oliff; 6- G. Guzman; 5 - E. Puckett; 4 - C. Leurs; 3 - M. Timpe; 2 - L. Carr; Bow - G. Johanson.



Three crews represented Stone Bridge Rowing at the prestigious **Stotesbury Cup Regatta**. The **Men's Junior Eight**, the first men's eight the team has fielded at Stotesbury, finished **22nd** in the time trial. The **Women's First Four** finished **11th** in the time trial advancing to the Semi-Final where they pulled their season best time of 5:50.02 finishing **4th**.





The team's Stotesbury Highlight came with the **Women's Second Four** finishing **3rd** in their category winning bronze medals representing Stone Bridge, and **all of Loudoun County**, for the first time in the team's history on the Stotesbury awards dock!



W-2-4+: Str - N. Bradley; 3 - A. Dyer; 2 - E. Kittelson; Bow - B. Hillmann. Cox - K. DeStefano. Coach Kate, Coach Trevor, and Coach Kittelson

Following the results from the VSRC Regatta, two crews qualified and made the trip to **SRAA Nationals** in Oak Ridge, Tennessee—**The Women's First Four** and the **Men's Junior Eight**, the first men's eight in team history to qualify for the event. The **Men's Junior Eight** ended up finishing **18th** in the country after finishing **6th** in a hard fought heat. The **Women's First Four** advanced through the heats, onto the semifinals, and into the 2nd final where they finished **3rd** with a time of 5:52.379 edging out rival Oakton. This crew finished **9th** in the country and has made it into the Stone Bridge record book as the fastest women's crew in team history!



W-1-4+: Str - A. Blake; 3 - M. Helge; 2 - A. Dyer; Bow - M. Lloyd. Cox - K. Billings. Coach Kate and Coach Trevor

With the 2023 season at a close, it is important to reflect on more than just wins, losses, and the history made by the program. The team earlier defined success as operating as a unified rowing team and fostering a culture of excellence, teamwork, and personal growth both on and off the water. Our hope is that the team stayed on mission, further developed a passion for the sport, improved as student athletes, and most importantly had fun building relationships with their teammates! The offseason work now begins as athletes take the necessary steps to put themselves in a position to succeed in the spring of 2024, and we say goodbye to the team's seniors who dedicated their time and sacrificed so much in an effort to build the Stone Bridge Rowing program into the strongest in Loudoun County!



SBRC Seniors of 2023



*Carson
Hunter*



Parents: Gina Hunter and Andrew Hunter

Future Plans: Northern Virginia Community College and later transferring to JMU, majoring in Integrated Science and Technology with a concentration in Applied Computing

Sports: Senior, Junior, Sophomore, Freshman and 8th Grade Years - Stone Bridge Rowing; Sophomore, Freshman and 8th Grade - MMC

Other Activities: Works at Spizza and a lifeguard. In his free time he enjoys coding, building computers, and playing Spin Rhythm

Stone Bridge Rowing



*Emily
Kittelson*



Parents: Erik and Sara Kittelson

Future Plans: Attending Appalachian State University to study Education or Physical Therapy

Sports: Senior, Junior, Sophomore Year -- Stone Bridge Rowing Team
Junior, Sophomore Year-- MMC Rowing

Other Activities: National Honor Society; Educators Rising Vice President; Girl Scouts

Stone Bridge Rowing



STONE BRIDGE ROWING SUMMER CAMP & LEARN TO ROW



ABOUT US WHO WE ARE

Stone Bridge Rowing Club, one of the largest and most competitive in Loudoun County, is hosting a summer camp for new and experienced rowers who attend, or will be attending, SBHS. All students are welcome to register and join! Learn from an experienced staff that have coached crews to State Championships and appearances at Nationals!



ATHLETE WHAT YOU WILL LEARN

The Camp will focus on:

- Introducing the sport
- Teaching the rowing stroke
- Proper equipment handling
- Improving technique
- Learning to work as a team
- Mastering the fundamentals
- Developing a passion for the sport!

1

SESSION 1

JULY 10TH-14TH
5:00-7:30PM

2

SESSION 2

JULY 17TH-21ST
5:00-7:30PM

3

SESSION 3 LTR ONLY

AUGUST 7TH-11TH
5:00-7:30PM



Reserve your spot
today!



Algonkian Regional Park
47001 Fairway Drive
Sterling, VA 20165



WWW.SBROWING.ORG

